

Steal My Glow: 101 Beauty Hacks That Change Everything

Hi lovely,

You don't need a suitcase full of makeup or hours in front of the mirror to feel good. These hacks are the little secrets I've picked up over the years... things that save time, save money, and help you glow no matter what's going on in your life.

So pop the kettle on, grab a notebook (or just screenshot your faves 😊), and let's dive in!

TIME-SAVING HACKS

1. **Applying foundation with fingers** - the product melts into the skin quicker
2. **Concealer upside down triangle** - under the eyes instantly lifts the eye area
3. **Makeup removal** - melt 1 tsp of coconut oil and rub over face. Remove with a hot flannel and wash face in warm water (...moisturises skin at the same time)
4. **Tinted lip + cheek stick** - a multi-purpose product that's quick and easy to use
5. **Concealer on lids before eyeshadow** - no creasing, lasts all day
6. **Dry shampoo = root lift** - not just for oily hair, it's a secret volumiser
7. **Brow gel in a hurry** - brush up and boom, instant facelift
8. **Self-tan drops overnight** - mix tanning drops with night cream before bed and wake up with a glow = skip the morning bronzer routine
9. **Tight-line eyeliner** - line the top waterline and lashes look fuller without faff
10. **Baby wipes hack** - cut into tiny pieces to clean up winged liner or neaten lipstick



With Love x

MONEY-SAVING HACKS

11. **DIY tinted moisturiser** - mix a drop of foundation with moisturiser
12. **Eyeshadow as brow filler** - matte taupe is perfect
13. **Lipstick below the barrel** - don't bin it, simply pop it in hot water with the lid on.
Once melted, decant into an empty vaseline pot and pop in the fridge
14. **Mascara wand recycle** - wash and use as brow spoolie
15. **Mix highlighter into body lotion** for a radiant glow on the cheap
16. **Cotton bud as lip liner corrector** - no need for fancy tools
17. **Gloss over cheap lipstick** - makes it look luxe
18. **Eyeliner wing** - Use a spoon for a flawless, fuss-free wing every time
19. **Foundation getting low** - store bottle upside down to use every last drop
20. **Vaseline = everything** - lip balm, highlighter and brow tamer



LOOK - ENHANCING HACKS

21. **Warm eye lash curlers under hot water**- the heat gives lashes a great curl
**Always check temp before using
22. **Run blusher through eye crease** - makes the overall look harmonious
23. **Highlighter in inner eye corners** - look awake in seconds
24. **Line waterline with a nude pencil** - eyes look bigger instantly
25. **Highlight under brows** - mini face-lift
26. **Over line lips slightly** - only at the cupid's bow and bottom centre
27. **Use a paler lipstick in centre of lips** - gives the appearance of fuller lips
28. **Pat concealer with ring finger** - softest finger, no dragging
29. **Wet eyeshadow brush** - shimmer looks intense, no fallout
30. **Powder under eyes with damp sponge** - locks in concealer



EVERYDAY GLOW HACKS

31. **Mix highlighter into foundation** - dewy glowing skin in seconds
32. **Layered textures on eyes** - cream eyeshadow as a base, then layer powder on top to give depth & prevent patchiness
33. **Translucent powder over lipstick** = stays a locked in matte look
34. **DIY setting spray** - water and glycerin in a spritz bottle
35. **Under-eye masks** - stick on them on to de-puff and hydrate while you take care of your eyeshadow and brows
36. **Smile trick for blush** - always on the apples
37. **Spoon contour guide** - place under cheekbone for perfect line
38. **Eyeshadow patted over eye liner gel** - gives a softer, smokier finished flick
39. **Powder around lips** - stops lipstick bleeding
40. **Lip balm + lipstick mix** = instant tinted balm



MORE TIME-SAVING

41. **Multi-use palette** - one palette for eyes, cheeks, highlight
42. **Skip foundation** - just concealer where you need it
43. **Dry shampoo overnight** = absorbs oil, adds volume and on saves styling time
44. **Mascara on lower lashes only when rushing** = wide-awake look
45. **Pinch cheeks if you forgot blush** (natural flush hack!)
46. **Keep a mini kit in your bag**: concealer, lip, mascara
47. **Use cream formulas** - quicker than powders
48. **Cotton bud with micellar water** - for eyeliner mistakes
49. **Blend bronzer into hairline** - to avoid a mask line
50. **Two-tone eyeshadow** - light on lid, dark in crease = done



MORE MONEY SAVERS

- 51. **Mixing medium magic** - Mac Fix or Inglot Duraline products can turn powders into liners, intensify pigment or revive dried-up gel liners
- 52. **Broken blusher/eyeshadow?** Add rubbing alcohol, press, let dry overnight = fixed
- 53. **Use baby powder** as dry shampoo in a pinch
- 54. **Lip balm as brow gel** - works wonders
- 55. **Save mascara wands** - great for exfoliating lips with lip balm
- 56. **Mix darker and lighter foundation** - perfect shade no matter the season
- 57. **Eyeshadow doubles as highlighter** (champagne tones)
- 58. **Inexpensive brush cleaner** = spray with rubbing alcohol to kill bacteria and then wash with baby shampoo and leave to dry
- 59. **Bronzer** doubles as contour and shadow
- 60. **Buy travel-size luxury products** - little indulgence, smaller cost



EVEN MORE GLOW

Layer mascaras - use lengthening then volumising mascara for a wow factor 61.

Dot concealer on dark spots or redness - instead of full face 62.

Use cool contour + warm bronzer together for natural skin tone 63.

Dab foundation on lips before lipstick - colour lasts longer 64.

Brown liner instead of black - softer, younger look 65.

Light shimmer on collarbones - instant glam 66.

Highlighter on cupid's bow - fuller lips trick 67.

Blush higher up on cheeks = lifted look 68.

Gloss only in centre of lips = plumper 69.

Contour jaw lightly for sharper photos 70.



QUICK FIX HACKS

- 71. **Smudged mascara** - let it dry fully first and then wipe away gently with a cotton bud
- 72. **Run ice cubes under the eyes in the morning** - helps reduce puffiness
- 73. **Mix eyeshadows to make custom colours** - get more from your eye palette
- 74. **Feather with two shades of brow pencils** - a slightly lighter and darker shade for natural brow dimension
- 75. **Apply mascara zig-zag** - for full coverage
- 76. **Tap highlighter over lipstick/gloss** - gives a glow
- 77. **Brow clean-up** - Use concealer slightly above and below the brow arch to sharpen edges but blend outward so it doesn't look painted
- 78. **Tidy up lip liner with a cotton bud & concealer** - works like an eraser
- 79. **Layer thin coats of mascara** - avoids clumps
- 80. **Use lightweight tape as eyeshadow stencil** - for perfect wings



EXTRA PRO SECRETS

- 81. **Cream + powder eyeshadow layering** - Creams as a base make powder shadows more vibrant & long wearing
- 82. **Highlight with a fan brush** - for the most natural glow... it picks up just enough product to avoid streaks or heavy shimmer
- 83. **Two shades of foundation** - lighter centre, darker edges = dimension
- 84. **Brow highlight** = instant shape lift
- 85. **Blend contour into ears/neck** - no line
- 86. **Use sponge dampened with setting spray** for longer lasting foundation.
- 87. **Use matte shadow for mature lids** - avoids creasing
- 88. **Draw tiny eyeliner in dots first** then connect for control
- 89. **Lipstick longevity** - store lipsticks in the fridge during summer or heatwaves as it keeps them from sweating or melting
- 90. **Flyaway fix** - spray a little hairspray onto a clean spoolie, then gently brush over baby hairs and flyaways (smooth finish in seconds)



FINAL HACKS - LITTLE LIFE SAVERS

91. **Mix bronzer + blush together** for warmth + lift.
92. **Blot excess oil with coffee filters** (cheaper than blotting papers)
93. **Gloss on eyelids** for editorial look
94. **Use clear mascara** for natural lashes + brows
95. **Exfoliate lips with sugar + lip balm** - Smooths lips for flawless lipstick application
96. **Mix lipstick shades together** - to customise your perfect colour
97. **Curl lashes at three points** - (base, middle, tip)
98. **Place bronzer in a "3 shape"** - along forehead, cheeks and jaw
99. **Use setting spray before and after makeup** for staying power
100. **Lip liner as lipstick** - fill in whole lip for matte look
101. **Biggest hack: confidence** - makeup is just paint; you are the masterpiece!

These are just a few of my favourite ways to get your glow on each day. If you enjoyed these tips, there's even more you can explore with Glow Forward CIC...

Glow Forward CIC is here in Stafford to help women shine with confidence through beauty, style, colour, and wellbeing workshops - and soon we'll be sharing virtual sessions too! I'd love it if you could follow along and share Glow Forward with your friends, so more women know what's possible. **Let's spread the glow together!** ✨❤



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